# 'Be strong and brave. Don't be afraid of them. Don't be frightened. The Lord your God will go with you. He will not leave you or forget you.'

#### (Deuteronomy 31:6)





#### 'But the people who trust the Lord will become strong again. They will be able to rise up as an eagle in the sky. They will run without needing rest. They will walk without becoming tired.'

# (Isaiah 40:31)



September 2023 session 3 Explore

# 'I can do all things through Christ because he gives me strength.' (Philippians 4:13)





'The Lord gives me strength and makes me sing. He has saved me. He is my God, and I will praise him. He is the God of my ancestors, and I will honour him.' (Exodus 15:2)





'So don't worry, because I am with you. Don't be afraid, because I am your God. I will make you strong and will help you. I will support you with my right hand that saves you.'

# (Isaiah 41:10)



September 2023 session 3 Explore

### 'Finally, be strong in the Lord and in his great power.' (Ephesians 6:10)





# 'Depend on the Lord and his strength. Always go to him for help.' (1 Chronicles 16:11)





# 'God did not give us a spirit that makes us afraid. He gave us a spirit of power and love and self-control.'





