The disciples were afraid until they saw Jesus. How does having Jesus in your life help you when you feel afraid?

Do you sometimes feel like God isn't there? If so, what kinds of things remind you that he is?

How important is forgiveness to Jesus?

Do you find it easy to forgive others?

Explain your answer.

Thomas found it difficult to believe what his friends were saying about Jesus. What parts of believing in Jesus do you struggle to believe or understand?

Do you understand why Thomas found it difficult to believe that Jesus was alive? How would you have felt if you had heard the news?

Thomas is often known as 'Doubting Thomas'. How would you feel if you had a negative nickname based on one moment where you were struggling and made the wrong choice? In what ways do you think the nickname is fair or unfair?

At the end of the story Jesus said to Thomas, 'You believe because you see me. Those who believe me without seeing me will be truly happy.' What do you think Jesus meant?

Do you think Jesus was angry with Thomas? Is there anything in our story today that tells us how Jesus wanted Thomas to feel about his doubts?



