

Explore It TOGETHER



GOD'S GIFT

 Luke 22:14-20

Here are some ideas and activities you could do as a family



Bake

Bread is an easy and tasty food to make. You can make it with just flour and water and have flatbread, or you could add yeast to make it rise. There are so many kinds of bread. Find a tasty recipe, and when you have baked your bread sit down together and share stories about how your day and week has been.



Pray

Spend some time this week going on a prayer walk in your local community. One way to do this is by doing 'traffic light prayers'. When you stop at a red traffic light, pray for a person or group of people or a particular service in the community. When you pass a green light pray for someone that you know; and when you go through or stop at an amber light pray for your family.



Read

The Last Supper is written in all four Gospels. Each day, as you have breakfast or dinner this week, read a different account of the story and share what stands out to you. Matthew 26:17-30; Mark 14:12-26; Luke 22:7-39 and John 13:1-17:26