

Explore It FOR ME

JANUARY
SESSION 02

HOLY LISTENING

 Acts 9:1-15 Saul is converted

Here are some ideas and activities you could do on your own



Remember

In the session we discovered more about what it means to be a good listener.

Good listeners show:

- ➔ Warmth
- ➔ Respect
- ➔ Empathy

Try to remember what things you can do to make sure that you listen with warmth, respect and empathy.



Pray

Spend some time listening to what Jesus has to say to you. Find a quiet spot, get comfortable and be ready to listen.

Dear Jesus,

Help me to listen to you just now. Help my heart and mind to be quiet so that I can hear you.

(See if you can sit quietly and listen. Don't worry if you get distracted; it might take a little practice.)

Thank you that you listen to us, Jesus. Help us to show your love to others by listening carefully.
AMEN.



Listen

As you go through the week, try and listen to people with warmth, respect and empathy. Let your group leader know how you got on.



Write

Write a poem that teaches people to show warmth, respect and empathy when they are listening to others.

KIDS ALIVE! ONLINE

<https://www.salvationarmy.org.uk/kidsalive>

Kids Alive! The UK's only weekly Christian comic – is filled with jokes, competitions, Bible-based cartoons and much more... and is now available to read online!

