

# Explore It FOR ME

NOVEMBER  
SESSION 01

## TRUSTING GOD IN TRICKY TIMES

 Genesis 37; 39:1-6 Joseph is sold

Here are some ideas and activities you could do on your own



### Sing

Watch the clip 'Joseph's coat' from the musical *Joseph and the Amazing Technicolor Dreamcoat*.

<https://www.youtube.com/watch?v=xp4Fym1KlmY>

Do you know what all these colours are?  
Can you learn all of the colours of Joseph's coat according to the song?

'It was red and yellow and green and brown  
And scarlet and black and ochre and peach  
And ruby and olive and violet and fawn  
And lilac and gold and chocolate and mauve  
And cream and crimson and silver and rose  
And azure and lemon and russet and grey  
And purple and white and pink and orange and blue.'

(Andrew Lloyd Webber/Tim Rice)



### Pray

Joseph's life wasn't quite going how he thought it would, and this must have been a worrying time for him. Is there something worrying you at the moment?

Spend time in prayer, trusting God with the things that are on your mind.

Dear God,

Thank you that no matter what I am facing, you can always be trusted. When it's difficult to see what is going to happen next, help me to trust in you instead of trying to work things out for myself. Thank you for always being there for me.  
AMEN



### Memorise

See if you can learn Proverbs 3:5-6 (ESV) off by heart before the next you meet with the rest of the group.

**'Trust in the Lord with all your heart,  
and do not lean on your own understanding.  
In all your ways acknowledge him,  
and he will make straight your paths.'**



### Read

Find three other Bible verses that remind you that God can be trusted. You might want to write them out and stick them up in your room along with Proverbs 3:5-6.

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