

Explore It TOGETHER

MARCH
SESSION 02

MOTHER'S DAY (LOVE STORY)

Here are some ideas and activities you could do as a family



Pray

As a mum's natural instinct is to protect us, so God will protect us too. Psalm 139:5 says: 'You are all around me on every side; you protect me with your power' (GNB). Say this prayer together each night this week and move your arms as the actions suggest:
Jesus is before us: preparing the way. (*Use both hands to point in front of you*)
Jesus is behind us: helping us, come what may (*Move hands to point behind you*)
Jesus is beside us; he's with us today (*Hold arms out to the sides*)
Jesus is always with us, every hour of every day. (*Wrap your arms around to hug yourself*)



Bake

Bake some gingerbread people and decorate them as each of the people you love – maybe you can give it to the person to eat.



Share

We all show love in different ways to the people in our lives. Take turns coming up with creative ways to show love which you can do as a game of Silent Charades. For example: greeting someone special, opening the door for someone, blowing a kiss, offering a drink, doing gardening for someone, helping someone across the road. Act out your 'loving action' without words so that the other people can guess what you are doing.



Play

Play a card game in which you try and collect four playing cards with hearts on them. Deal each person four cards and place the rest of the cards face down in the middle. The first person picks up a card from the pack and decides whether to keep it or throw it. If they keep it, they throw another card from their hand, so each person always has just four cards. As soon as one person has four hearts cards, they put their finger on their nose. Everyone else has to quickly touch their nose and last person to do so is out.



Make

Together with someone in your family, make a paperchain of people. On each person, write a way you can show your love to other people. Hang it up somewhere to remind you, and why not try to do some of those things this week.