

Explore It TOGETHER

FEBRUARY
—
SESSION 04

HEALTHY RESPONSE

 Luke 5:12-16 Jesus heals a man with leprosy

Here are some ideas and activities you could do as a family



Play

Create some bubble fun together. Who can blow the biggest bubble? Whose bubble lasted the longest or went the furthest? Talk together about what ways we can ask to be clean in Jesus.



Pray

Sharing some of the things we have done wrong can be hard but it is important. Make it something you share together regularly and pray for as a family. Find a time this week to talk through situations and actions you wish had gone differently.



Share

As a family think about how you can continue to share the word of Jesus with others in safe, practical and helpful ways.



Create

Identify those who are sick and in need of encouragement. Perhaps it is a family member, a friend, someone in the church family, or someone in the wider community. Think of ways to bless and care for that person. What would be meaningful? What would bring joy to that person?



Game

Luke 5:15 (NRSV) says, **'But now more than ever the word about Jesus spread abroad.'** Play a game of whispers in your family. Share a message and see if the final message is correct.