

Welcome to Get OWT!

We're so excited to start this new programme for families with little ones. Here are just a few things we want you to know and think about:

- Explore the activities in the pack together with your family in your own time
- Please keep to the social distancing rules and any other guidelines displayed
- Familiarise yourself with our safety sheet (located in your pack)
- Find a space to stop for a snack and/or drink
- Take photos of what you've been doing so we can share them on our Facebook page

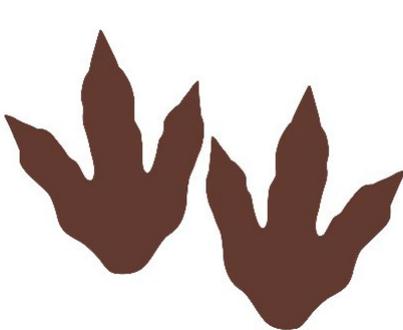
Please fill in the photo consent form and hand it back to us (form found within your pack)



Here are today's activities...

Jurassic trail

Five friendly dinosaurs have been roaming around. Can you spot all five? When you find them, match their footprint to the correct footprint below.



Tyrannosaurus Rex



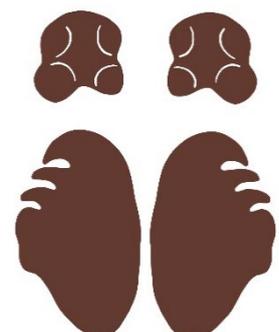
Velociraptor



Stegosaurus



Triceratops

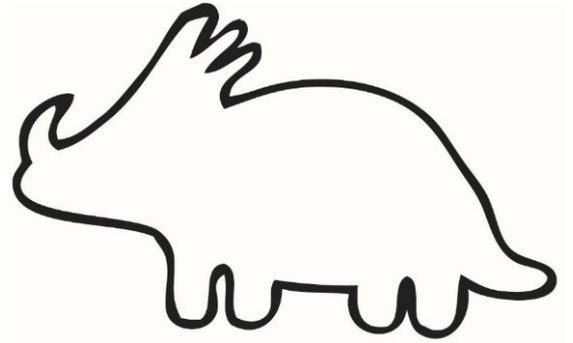
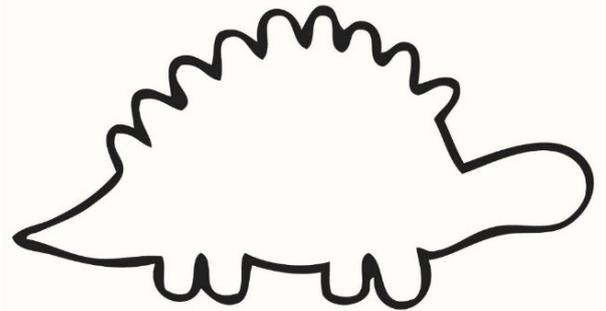


Apatosaurus



Design-a-dinosaur

Collect sticks, stones and leaves to help you create your own dinosaur. You can use the play-dough, googly eyes and play-dough mini-mat in your pack, along with the things you have collected. Please take a photo of your dinosaur and post it on our Facebook page. We would love to see your dinosaurs!



More ideas FOR YOU TO EXPLORE:

- Have a lie down and look at the clouds. What shapes do you see? Do any of them look like dinosaurs?
- Find some mud or soil and do some stomping to make your own footprints.

Some things to think about and chat about as a family:

- Dinosaurs lived a really long time ago. It seems like a really long time ago since things were normal and we could go to toddler groups and meet friends! How have you coped in these recent months when everything in life has felt so different?
- It seems as if our future has to be a bit different from how we lived before – we have a ‘new normal’. Do you feel worried about this, or excited about how the world could be?

Thanks for being part of Get OWT! today!



The Salvation Army is a Christian Church and registered charity in England and Wales (214779), Scotland (SC009359) and the Republic of Ireland (CHY6399).