

Explore It TOGETHER

SESSION
08

A MIGHTY FAITH

 **Matthew 17:14-21 Jesus heals a demon-possessed boy**

Here are some ideas and activities you could do as a family



Investigate

Make a magical rainbow.

You need: one piece of kitchen towel, felt-tip pens (colours of the rainbow), a black permanent pen (e.g. Sharpie) and some water (best in a spray bottle). You can watch this YouTube video for instructions. 'Make a 'magical' rainbow with capillary action.' <https://youtu.be/Yj0pDm-t9O8>

You simply use the felt tips to draw the colours of the rainbow, then use the permanent marker over the top of the colours so it just looks like a black rainbow. Splash some water on the kitchen paper and the colours underneath will bleed and make the coloured rainbow.



Sense

Go for a walk outside with an adult in your family. As you walk look around you. See the miracles that God has given us, the beautiful things that help us believe in God's creation. Here are some examples but you can add your own:

- 👁️ Things you see: trees of different shapes, size and colour
- 👂 Things you feel: different senses under our feet, such as grass, concrete, stones, mud
- 👃 Different smells: flowers, fresh air
- 👂 Things you hear: birds, animals, traffic, voices



Watch

Watch The Prince of Egypt film and after you have heard the song 'There will be miracles when you believe', why not pause the film and ask each of your family members what miracles they want to ask Jesus to help with or share one thing that they believe in.



Bake

Find a recipe for some fairy cakes and bake them together. As you mix the ingredients together, see how flat everything looks. Look at them again as they come out of the oven - mmmm how different they are and how much nicer they look!



Create

Why not try and grow something from a small seed? This could be a flower, or some grass, or something you eat like tomatoes, cress, or chillies. Watch over the next few weeks as something amazing grows from the tiny seed.



Build

Build a hammock from a sheet, or blanket, or be more adventurous and try it with loads of rope tied together! See if you have enough faith in what you have made to try it out! (Be careful not to make it too high off the ground in case it is not as secure as you need it to be. We don't want anyone hurting themselves.)