

How to Make a Friendship Bracelet

Want to show your besties how much you appreciate them on National Best Friends Day? Check out how to make a bright and colourful fishtail plait friendship bracelet.

What You Need

- Selection of coloured thread (embroidery yarn works best, but wool will do)
- Tape measure or ruler
- Scissors
- Safety pin
- Cushion
- A grown-up to help
- A friend



1 Measure and cut four 40cm-long strands of different coloured yarn.

2 Fold the strands in half and tie a knot at the folded end to form a loop.

3 Thread a safety pin through the loop and attach the pin to the cushion as shown in the photo.

4 Spread out your eight strands of yarn so that the strands on the right are a mirror image of the strands on the left.

5 Take the strand on the far left and move it into the middle. Then do the same with the strand on the far right – making sure it crosses over the strand you just moved from the left – and pull the strands tight.

6 Keep repeating Step 5 and you'll gradually see the fishtail pattern form as your bracelet grows.

Top Tip

Try to remember the order of your coloured strands as this will help you to know which strands you're crossing into the middle. For example, the order of our bracelet was yellow, orange, pink, blue, yellow, orange, pink, blue...

7 Once your bracelet is long enough to fit around your friend's wrist, tie a knot in the end. Use scissors to trim the excess strands, leaving 4–5cm of yarn after the knot.

8 Deliver the bracelet to your friend's house with a note explaining how to tie it around their wrist by threading the loose ends through the loop you made in Step 2.

9 Trim the loose ends for a nice tidy finish.

