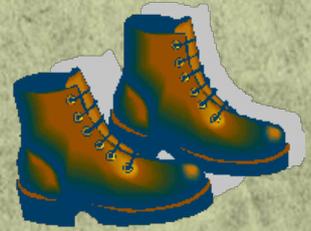


## KS1 Lesson

### Resource Sheet 1A



This story starts with... *a pair of boots*. Show a pair of boots. Have you ever worn a new pair of boots or shoes? Do they fit perfectly or have you had some trouble? Have they hurt your feet, pinched your toes, and rubbed your heels? Made your feet feel sore? This pair of boots did when I first got them. Do you know what helps sore tired feet? *Take a variety of answers*. A foot bath - a bowl of hot water and you can sit and relax your feet. Ah...!

When you become a soldier you are given a new pair of boots and you have to march with them, run with them and stand on parade looking smart with them - all day long. Can you imagine how sore your feet must feel?

One soldier was finding that his feet were hurting quite badly. But what can you do when you are not at home and are living in a soldiers' camp? Where could the soldier get hot water to soak his feet? He looked around the camp.

In the soldiers' camp there was a hut, a hut run by The Salvation Army. In there the soldiers could get cups of tea, hot food and cake. They could go there to relax and read and write and chat.

To make tea you need... hot water! So he went to the kitchen and knocked on the door. A lady wearing a Salvation Army badge came to the door. She smiled at him.

The soldier asked if she could give him a bucket of hot water so he could sit outside and soak his feet.

What do you think happened next? *Take a variety of answers*.

She did not give him the bucket of hot water!

Instead she took him inside the kitchen and sat him down. She helped him take off his boots. She gave him a bowl of hot water to soak his feet and a towel for drying afterwards.

But she didn't stop there. What do you think happened next? *Take a variety of answers*.

She gave him a hot cup of tea and hot food and cake. And while the soldier soaked his feet and drank and ate, the two of them chatted. She learned all about the soldier - how scared and worried he was, how he worried about his family.

And when the water had cooled and the tea had been drunk and the last crumb had been eaten, it was time for the soldier to go back to his tent.

How do you think he felt? *Take a variety of answers*.

He felt a lot better! But where did he feel better? *Take a variety of answers*.

His feet felt better, but also his heart and his mind because he had been really worried and scared at the camp. The Salvation Army lady had helped his feet but had also made him feel better inside too.

