



# The Lord's Prayer

Worksheets for  
Sessions 1-8



Youth and  
Children's  
Ministries



# The Lord's Prayer

Session 1

*Our Father in Heaven*



Youth and  
Children's  
Ministries

# The Lord's Prayer

Print out copies  
and cut out.

'Our Father' means

God's name is so holy  
we should never use it  
to swear.

I can call God 'Father'  
because

being his loving and  
obedient child.

'Hallowed be thy name'  
means

God is the Father of  
me and everyone else.

I can help God's Kingdom  
to come by

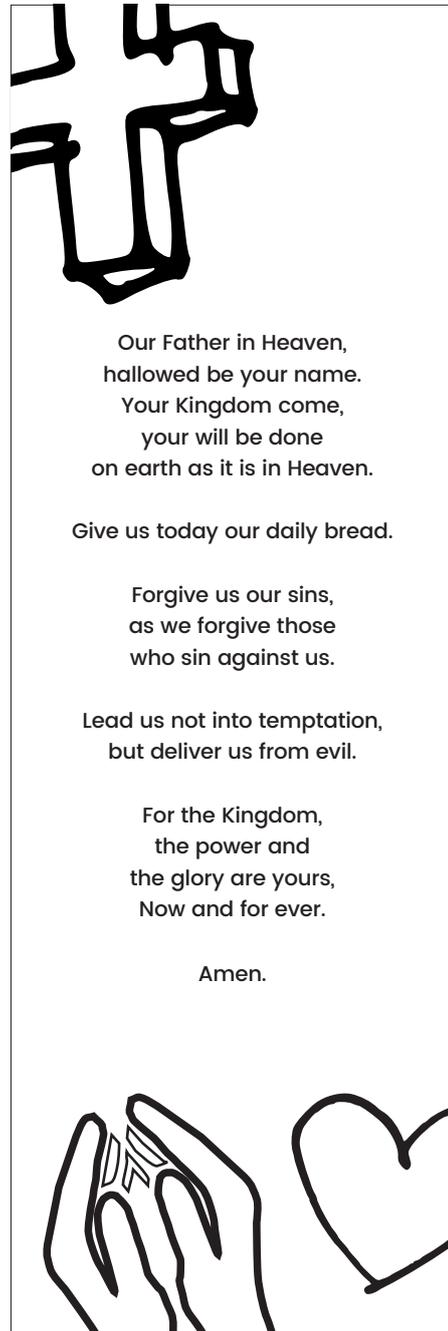
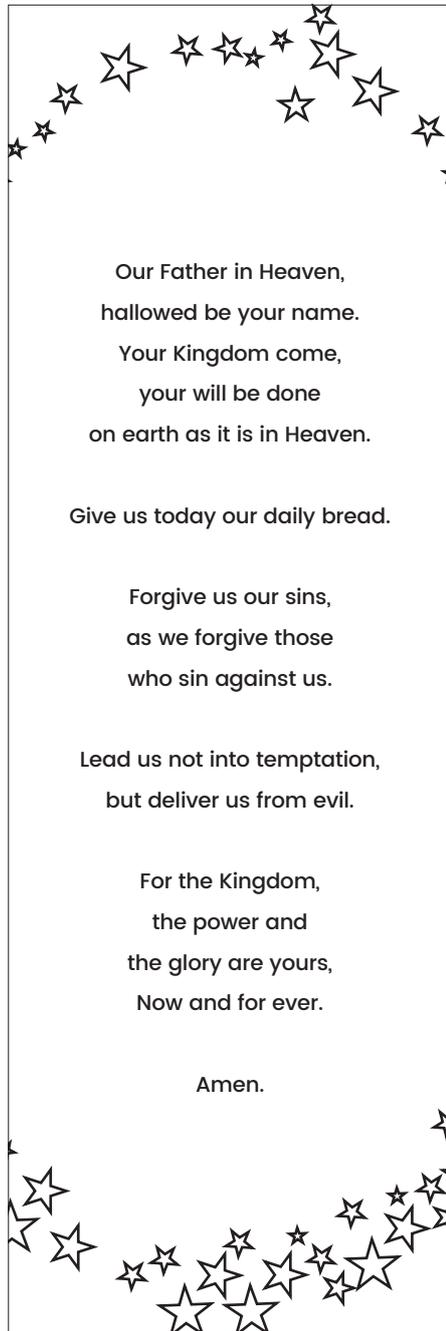
I must obey his rules.

To do God's will

He really cares for me.

# The Lord's Prayer

Print out copies  
and cut out.





# The Lord's Prayer

## Session 2

### *Your Father Knows*



Youth and  
Children's  
Ministries

# Coloured Strips

Print out copies on different coloured sheets of paper and cut out the strips.

Our Father in Heaven:

May your holy name be honoured;

May your Kingdom come;

May your will be done on earth as it is in Heaven.

Give us today the food we need.

Forgive us the wrongs we have done

As we forgive the wrongs that others have done to us.

Do not bring us to hard testing,

But keep us safe from the Evil One.



# The Lord's Prayer

## Session 3

*Forgive us as we Forgive*



Youth and  
Children's  
Ministries

# Forgive? Yes, forgive!

Change the characters' names to suit your situation!

## Characters:

A parent (mum or dad)  
Andrew, a young child  
Matthew, aged 7-11  
Kieran, a teenager

Matthew *(Comes into room and sits down at a computer to play)*

Great! The computer is free at last! I'm getting so good at using it! That big brother of mine thinks he is the only computer whiz in this family and he hogs the computer the whole time. Mum says he has to use it because he's in Year 11 and so his work comes before my turns. I'm really sick of that attitude!

Look at how much stuff he's got here, hogging the memory! He's handed in these essays already, so I'm going to delete them. He has no right to keep them here – and besides, I'll show him I know how to delete. *(He presses a few keys.)* Ha! That's done!

*(Kieran enters and Matthew hurries out.)*

Kieran *(Sitting down at the computer)*

You wouldn't believe that my history teacher has lost that last essay. Good job I've still got it on the computer.

*(Presses keys. Looks at the screen in horror and shrieks)*

It's not here! Half of my essays are missing and it's one of them!

*(Yells out)* Matthew, come here!

*(Matthew comes in looking apprehensive)*

Have you been deleting some of my work, by any chance?

Matthew What if I have? You don't need it any more, and it was only taking up space.

Kieran As a matter of fact I do need it. The teacher has lost the essay and I do have to give him a new copy. Now what am I going to do? You rotten little kid!

*(Begins to shake him)*

Matthew *(Looking scared and talking fast)*

I didn't know! I'm sorry, I really am! Please forgive me. I'll never do it again, honest!

Kieran Well, it's lucky for you I've still got my notes. But it will take me hours to type it up again. But I believe you are really sorry, so I'll forgive you. Here, you can use the computer for a while because I have to go and search for my notes.

Matthew Thanks, Kieran. I won't do it again, I promise.

*(Sits back at the computer)*

# Forgive? Yes, forgive!

Matthew Wow! That was a bit scary! I thought I was really in for it then. Now I'll get into that favourite game of mine and see if I can reach level 17. *(He presses the buttons, makes exclamations etc.)*

Parent *(Calling from off-stage)* Matthew, you're wanted on the telephone! *(Matthew leaves and Andrew, enters.)*

Andrew Oh great! No one is on the computer. I can have a turn.

*(Sits at the computer)*

Now, what will I play? Let's see. Matthew thinks he's so smart because he is up to level 16 and I'm only on level five.

Now, how do I get back to my level again?

*(Presses a few buttons.)*

Whoops! It's not supposed to do that! I think I'd better get out of here.

*(Hurriedly leaves as Matthew returns and sits down at the screen.)*

Matthew What's happened to my game?

*(Presses a few keys and reads off screen)*

New game? You must start from level 1 – all play has been deleted. Oh what? Who could have done that?

Sixteen levels wiped out! I bet it was Andrew! *(Yells)* Andrew, get back here!

*(Andrew enters looking really scared. Matthew grabs him and begins to shake him and shouts)*

You rotten little kid! I'm fed up with you playing my game. You've wrecked it, haven't you? I'll tell Mum and you'll be in BIG trouble. Now I'll have to start from the beginning. Sixteen levels wasted!

Andrew I'm sorry. It was an accident. Honest. I didn't mean it. I'll fix it.

Matthew Don't give me that rubbish! You're in for it this time!

*(He goes to pull the screaming child to the door when Kieran enters)*

Kieran Whoa! What's happening here?

Andrew *(Squirms free from Matthew, runs sobbing to Kieran)*

I lost his game and he's going to tell on me and I'm going to be in big trouble. I told him I was sorry but he said it was too late.

Kieran Is this true?

Matthew *(Defiantly)* Yes it is! I'm sick of him touching my games!

Kieran Hey! Hang on! What just happened with my important course work? Did I forgive you?

I think that we had all better go and see Mum (Dad). Forgiveness has to work both ways, mate.

*(They exit)*



# The Lord's Prayer

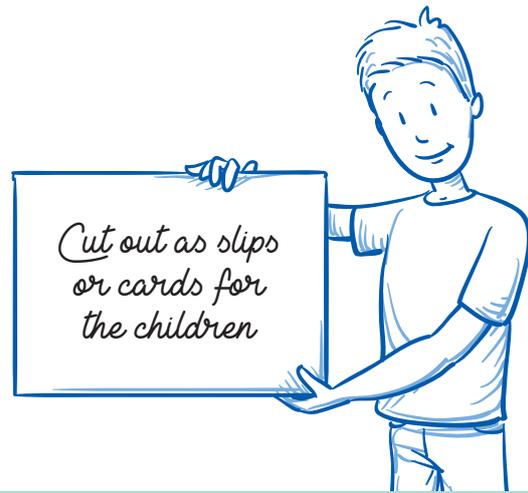
## Session 4

*Lead us not into Temptation*



Youth and  
Children's  
Ministries

# Lead us not into temptation



Role play:

1. You go to the cinema with friends who want to sit at the back so they can muck around without being seen.

Role play:

2. You have been told to be home by 6 pm and the DVD you are watching at a friend's house will not finish until 6.15 pm.

Role play:

3. Someone calls you a 'wuss' for not wanting to join in something that is wrong.

Role play:

4. You feel yourself getting angry because you are losing a game.

Role play:

5. Your schoolmates ask you to go shoplifting after school with them.

Role play:

6. You are playing cricket in the garden with friends. You hit a six and break the neighbour's bedroom window. They are out with your parents.

# Tempted?

The action takes place in a street.  
No props are needed.

Cast: Four children – A, B, C and D  
(name as appropriate).

B Hi! What are you doing?

A Oh, nothing much. Just kicking this old ball around.

B Let's go down to the sportswear shop and get some gear!

C I haven't got any money.

A *(Looks in his pockets)* I've only got fifty pence left.

D Oh come on, let's go and have a look in that sports shop.

B Well who's coming then? We can just take a few things. The shop assistants always stand around chatting. They won't see anything.

A, C, D *(Together)* No way!

A There's no way I'm going to nick anything. That's just plain shoplifting.

D Count me out!

B Come on! It's so easy. The way it's set out they're just asking people to help themselves. *(Challenging)* What are you anyway? Wusses? Wimps?

A I don't care what you say. Stealing is wrong. I'm not going with you. See you later, maybe. *(Leaves)*

B Ugh! Some friend you are! What about you two?

C I guess I'll come along.

D Yeah, me too.

B, C, D *(Arrive at shop)*

C I'll just wait outside. My dad will kill me if I get caught!

B Huh! *(Turns to D)* What about you? If you don't help, some friend you are!

D OK! OK! I said I'd come!

B If you don't, I'll tell everyone that you're a wuss. So are you with me or not?

D Yes, all right. You know I'm your friend and I can do anything you do... but I'll put the things back after I've shown you that I'm just as smart as you.



# The Lord's Prayer

## Session 5

*Deliver us from evil*



Youth and  
Children's  
Ministries

# Choices

- Label three walls of the room 1, 2 and 3
- Read out the category followed by the three choices
- Allow five seconds for the children to choose and run to the appropriate area
- Choose an individual to ask why they made their choice

CATEGORY	FIRST CHOICE	SECOND CHOICE	THIRD CHOICE
FOOD	Roast Dinner	Pizza and salad	Burger and chips
PET	Cat	Dog	Hamster
TRANSPORT	Train	Bus	Car
TEAM SPORT	Football	Athletics	Tennis
COLOUR	Red	Yellow	Blue
LEISURE ACTIVITY	Cinema	Bowling	Shopping
WORLD TRAVEL	Japan	USA	Australia
FRUIT	Banana	Apple	Orange
HOLIDAY	Camping	Seaside	Adventure
SCHOOL SUBJECT	Maths	English	Science

# Daniel's story

## Cast:

- King Darius
- Daniel
- Governor
- Supervisor
- Two guards
- Lions

If you have a large group, involve other children as governors, supervisors, guards and lions.

## Scene 1

King Darius: *(Thinking aloud as he sits on his throne)*

Um... I'm very impressed with Daniel. Compared to my other supervisors and governors, his work is better.

*(Governors and supervisors including Daniel are talking together. The king signals for them to come over.)*

I have an announcement to make. I have found Daniel to be outstanding. He is reliable and honest. My decision is to put him in charge of my whole empire.

Daniel: Your majesty, I will do my best to serve you well.

*(Daniel and king exit. Governors and supervisors gather together.)*

Governor: Daniel is clearly the king's favourite.

Supervisor: What makes Daniel so special?

Governor: We will have to find some fault in the way he runs the empire. Let's think hard. We need to come up with a plan to bring him down.

Supervisor: Well, there isn't anything we can accuse Daniel of about his work.

Governor: How about his religion, then?

Supervisor: Let's keep a close watch on Daniel. We must think of a new order for the king to make which Daniel will not carry out.

Governor: Great idea! We'll come up with a plan and then go to the king.

*(They exit.)*

Supervisor: Ooh, yes! Daniel is sure to keep praying. That will be breaking the king's law and Daniel will be in real trouble.

## Scene 2

*(Supervisor and governor meet secretly.)*

Supervisor: My people have been watching Daniel carefully. They tell me that three times a day he kneels at an open window that faces towards Jerusalem and prays to his god.

Governor: Interesting. How can we use this information against him?

Supervisor: Well, he won't stop praying!

Governor: That's it! Let's suggest the king orders that for thirty days no one is allowed to pray and worship any other god or human being except from the king.

# Daniel's story

## Scene 3

Governor: Great! The king is ready to see us now. So remember to be humble. No looking smug! We've got to convince him this is a good idea.

Supervisor: *(Punching him playfully on the arm.)*

Great! I'm with you all the way. I'll be the support act and let you do the talking. Hurry up, now! You know the king doesn't like to be kept waiting.

*(Governor and supervisor stand before the king and bow low)*

King Darius: I believe you wish to speak to me concerning a new order you have all agreed on. I am ready to hear you now.

Supervisor: King Darius, may Your Majesty live for ever!

Governor: Your brilliance is greater than the sun's.

Supervisor: You are wise beyond all men!

Governor: O Mighty Warrior, your fame has spread through all the nations.

King Darius: *(In a tired bored way)* Yes, yes! Get on with the business!

Governor: *(Glares at supervisor, indicating he should be silent)*

Your Majesty, all of us who help to lead your empire have agreed that you should issue a new, strict order.

King Darius: And what is this order?

Governor: *(Speaking boldly)* We request that Your Majesty give orders that for thirty days no one be allowed to pray or worship any god or human being except from Your Majesty, and..

Supervisor: *(Interrupts excitedly)* anyone who fails to keep this order is to be thrown into a pit filled with lions.  
*(Roars and mimics lions attacking a victim)*

Governor: *(Sweeping supervisor to one side)*

So let Your Majesty declare this order and sign it, and it will be in force, a law of the Medes and the Persians which cannot be changed.

King Darius: *(Gesturing the two men to step forward)*

That sounds reasonable. Bring me this order. I will sign it and then you can make it known.

Governor: *(Papers are handed over, signed, and returned)*

Thank you, Your Majesty! You won't regret this decision.

Supervisor: *(Smug look on his face)*

I can't wait to see...

*(Governor makes supervisor bow. They reverse quickly out of the room.)*

# Daniel's story

## Scene 4

Supervisor: *(Dancing in delight)*

Hah! Did you see Daniel's face when he read the order? He was not happy. It was absolutely wonderful! He rushed off straight away.

Governor: Where's he gone then?

Supervisor: Home, of course. He'll be off to pray. Pray to his wonderful God!

Governor: *(Excitedly)* Pray! He's off to pray! What are you standing here for, then?

*(Grabs supervisor by the arm)* Come on! Here's our chance to catch him out.

Supervisor: Shall we hide and watch? *(Is slapped by Governor)* I'll take that as a 'Yes!' then.

*(Governor and supervisor hide and watch as Daniel kneels to pray at his window)*

Daniel: God, I worship you. You are the almighty God. You command me to worship you alone and not bow down to anyone but you. I come to you for protection and put my hope in you. Give me the strength I need to keep your commandment. I trust you to deliver me from this evil order. God, please help and save me.

Governor: *(Whispering to supervisor)*

That's it! We've got him! Let's go and tell the king.

*(They sneak off)*

## Scene 5

*(Governor and supervisor enter and bow before the king. Two guards stand either side of the king.)*

King Darius: You sent a message saying you wished to speak to me on an important matter. So what is this urgent issue that must be brought to my attention? Speak up!

Governor: Your Majesty, you signed an order that for the next thirty days anyone who prayed and worshipped any god or any human being except from you...

Supervisor: *(interrupting)*...would be thrown into a pit filled with lions.

King Darius: Yes, a strict order, a law of the Medes and the Persians, which cannot be changed.

Governor: Well... Daniel, one of the exiles from Judah, does not respect Your Majesty or obey the order you issued.

Supervisor: He prays regularly three times a day to his God.

Governor: This is true. He is breaking your order three times every day.

King Darius: Hm. I have heard your report. I will consider this matter carefully.

You are dismissed!

*(A restless and upset King Darius paces around the room then sits on his throne)*

# Daniel's story

King Darius: *(Speaking to guards)*

Well, I have no choice. An order is an order. Arrest Daniel and bring him to the pit filled with lions.

*(King and guards exit)*

## Scene 6

*(The king, governor and supervisor return to a different area of the stage and watch intently as guards throw Daniel into the pit filled with lions.)*

King Darius: Daniel, may your God, whom you serve so loyally, rescue you. Guards, seal the stone now and we will return to the palace.

*(talking to himself)*

Well that's done. I feel so bad about Daniel. He has always served me so well. I doubt that I'll sleep tonight!

*(All exit and then the king returns with the guards.)*

Guard 1: *(speaking to the other guard)*

It's dawn and the king is up already. Here he comes. He's in such a hurry this morning.

Guard 2: Quick! Stand to attention! He doesn't look at all happy.

King Darius: Escort me immediately to the pit. Hurry now!

*(Lions are resting as the king arrives at the pit.)*

All seems quiet and peaceful in here.

*(He calls loudly)*

Daniell Daniel, servant of the living God! Was the God whom you serve so well able to save you from the lions?

Daniel: May Your Majesty live for ever! God sent his angels to shut the mouths of the lions so that they would not hurt me. He did this because he knew that I was innocent and because I have not wronged you, Your Majesty.

King Darius: *(Addressing the guards)*

Guards, pull Daniel out of the pit! Seel He has not been hurt at all.

Now go and arrest those who accused Daniel and let them be punished just as they wanted Daniel to be punished.

I command that throughout my empire everyone should fear and respect Daniel's God. He is the living God and he will rule for ever. His kingdom will never be destroyed and his power will never come to an end. He saves and rescues; he performs wonders and miracles in heaven and on earth. He saved Daniel from being killed by the lions.

*(All exit)*



# The Lord's Prayer

## Session 8

### *The Mercy Seat*



Youth and  
Children's  
Ministries

# Jigsaw piece hunt

This needs to be cut into a jigsaw with two teams to find around the room to then make the Bible verse up.

'I will meet you there, and from above the lid between the two winged creatures I will give you my laws for the people Israel.' Exodus 25:22.

# Jigsaw piece hunt

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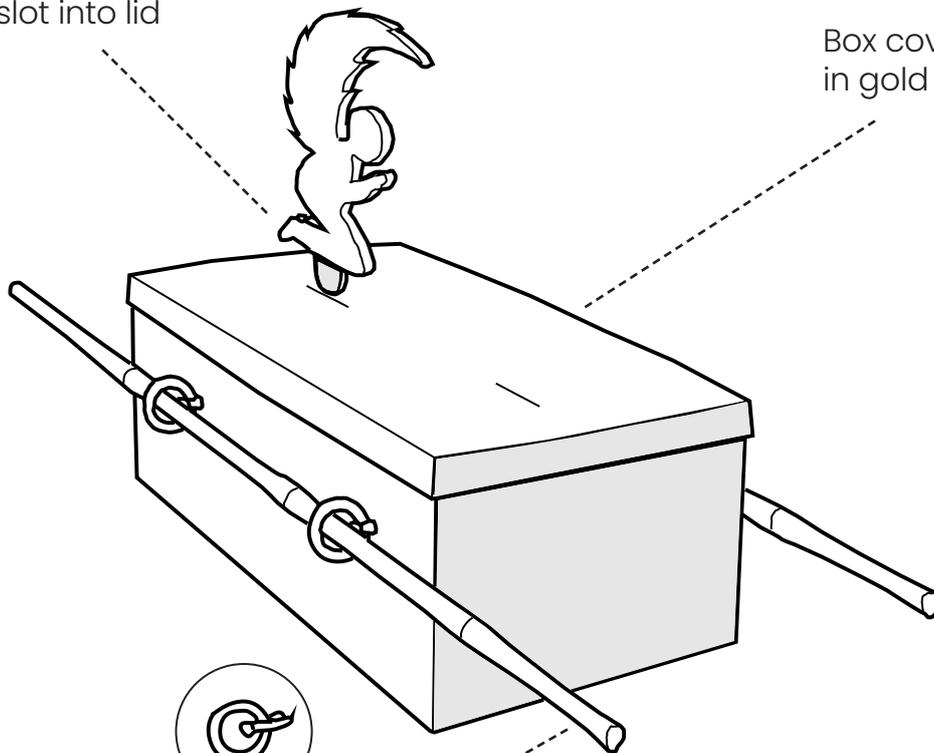
# Make an Ark of the Covenant

1. Cover a shoebox in gold paper, securing it with PVA glue. Cover the lid with gold paper also.
2. Draw and cut out four gold cherubim from thick card (two for each end).
3. Glue a lolly stick between each of the two piece card.
4. Pierce the lid and push the lolly sticks through to stand the cherubim on the lid of the box, securing underneath with tape. Glue the slits together for security.
5. Make hinges from parcel or gaffer tape to attach to the lid of the box.
6. Attach curtain rings to the side through which small garden canes can be put to represent the carrying poles.



Lolly sticks  
slot into lid

Box covered  
in gold paper



Curtain rings and  
paper fasteners

Garden cane

# 'Both seeking the same Lord'

A story from the early days of The Salvation Army tells of a meeting attended by a wealthy lady. She had servants who accompanied her to the hall and brought a cushion to place on the wooden seats. When she arrived, the members of the congregation felt special because she chose to worship with them.

Also coming to the Army hall was a dirty, smelly man called 'Dirty Jimmy'. He insisted on sitting close to the heater in cold weather, and because of his body odours and the heat, his smell could be noticed more and more as the meeting progressed. He would scratch himself and ease his itching skin against the seat.

One evening, the lady came forward to the mercy seat at about the same time as Dirty Jimmy decided to also kneel there. They were close to each other as they knelt in prayer. The officer came over to Dirty Jimmy and asked him to kneel at the other end of the mercy seat away from the lady.

She looked up, with tears in her eyes and said, 'Leave him alone, Captain. We are both seeking the same Lord.'

Dirty Jimmy looked at her, with the tears leaving clean marks down his face and thanked her for saying that. He hoped she had found the same God that he had as he knelt at the mercy seat.

# TSP prayers

Write your TSP prayer below.

Dear Lord,

Thank you...

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Sorry...

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Please...

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