

Helping Hands

Early Years



Lesson Objectives

- To consider ways we can use our hands to help others
- To find out some of the ways that The Salvation Army helps others

Curriculum Links

England - may differ to local SACRE

- To explore some of the ways in which people express care and concern for each other

Scotland

- As I explore Christian stories, images, music and poems, I am becoming familiar with some beliefs Christian people have about God and Jesus. RME

Wales

- Be aware of and respect the needs of others,

Northern Ireland

- Recognise the value of co operation, sharing, helping others, being honest.

Resources

PowerPoint presentation

Resource sheet A - Emotion Faces - you may wish to fix the faces on to sticks.

Resource sheet B - 'Helping Hands' song. Some of the lyrics are also used in the lesson. Use the same hand gestures during the lesson to familiarise the pupils with them.

Resource sheet C - Our helping hands record.

Resource sheet D - Images. This is an alternative to using a PowerPoint presentation.

Starter

Start by moving your hands in a creative way - making shapes, wiggling fingers.

Our hands are very clever, they can move in many ways. Encourage the pupils to try some of your best finger-wiggling moves. *Who can show us a special way they can move their hands?* Copy and demonstrate to the class some other ways of moving our hands.

Main Talk

Explain that we use our hands to do many things, every day. Mime and mention some actions we use our hands for: brushing teeth, drinking, putting on clothes... Ask for some more ideas and encourage the class to mime these actions too. *Our hands are very clever; they can do lots of things.*

Explain that using our hands makes certain things easier to do. Ask how we feel when we are able to do something. **Use resource sheet A - emotion faces**, when you ask a question about feelings.



Schools and
Colleges
Unit

Helping Hands Early Years



But sometimes we need help with things, perhaps if we've hurt our hands or we find some things still a bit tricky to do yet. Mention a few things they might need help with: buttons, fastening shoes or laces, opening things... *How does it feel when we find something tricky to do?*

Explain that teachers and mums and dads and older brothers and sisters can use their hands to help us do these things. *Our hands are very clever; they can help other people too. How does it feel when we are helped to do something?* Point out that people often feel happy when they have been helped, and the person who was doing the helping can feel happy too.

Discuss with the class the types of things we can do to help others in the classroom or at home: sharing things, playing nicely, tidying up...

Explain that members of The Salvation Army use their hands to help people. Our hands are very clever; they can help people too. Jesus used his hands to help others, and so members of The Salvation Army follow him and help people too.

Extension for Reception

Use slides 4–9 or resource sheet D to show images of hands and ask for a couple of ideas of how the hand shown might be helping others, before revealing the whole image. **Skip some slides if you need to shorten the lesson.**

A hand with a drum: The Salvation Army runs lots of clubs for children.

A hand pouring out tea: The Salvation Army helps with elderly people, providing friendship and lunch clubs.

A hand holding another hand: The Salvation Army spends time listening to people and being a friend.

A hand giving a cup of tea: The Salvation Army helps people who have nowhere to stay or have little food.

A hand tidying up a garden: The Salvation Army does projects to help improve where we live.

A hand giving out food: The Salvation Army works in other countries, helping people to have enough to eat.

Plenary

Recap on the ways pupils could use their hands to help others today.

Use **resource sheet B** - Sing the 'Helping Hands' song.



Schools and
Colleges
Unit

Helping Hands

Early Years



Helping Hands Song

*Our hands are very clever, they can help you, you.
Our hands are very clever, they can help me too.
So many things they can do. Watch me wriggle my fingers at you.
Our hands are very clever, they can help people too.*

Younger children

Repeat, but this time miss out a word and only use the gesture.
Progressively miss out more and more words till the song is only done in gesture.
Final time - sing the song with words and gesture.

Older children

Repeat the song, replacing Watch me wriggle my fingers at you.
Pupils brainstorm new lines that reflect ways we can be helpful - I can read a book to you.

Use a finger flick if pupils are not able to snap their fingers!

Early Learning Goals

Personal, social and emotional development

- Talk about ways we use our hands to help each other. Discuss how happy it makes us feel when someone has helped us, or we have helped someone.
- Decide as a class on three ways pupils will aim to be helpful that day.

Communication, language and literacy

- Use **resource sheet C**. When someone has helped you, colour in an image or put a sticker on their helping hand. Make a large class version of a helping hand. Pupils make their own mark on it when someone has been helpful.

Mathematical development

- Make a block graph focusing on three ways the class will aim to be helpful that day.
- Make painted hand prints and talk about the difference in sizes. Can the biggest looking hands carry the most blocks?

Knowledge and understanding of the world

- Think about how people in the community and around the world are helped.

Physical development

- Create opportunities for pupils to practise using their hands to fasten, tie or button clothes, for themselves or to help a friend or clothe a toy.

Creative development

- Create an item that would be helpful to someone. For example - decorate a paper bracelet or a badge to cheer someone up. Make a tidy box that would help tidy up an area.

