



# Willows Counselling Service

A confidential service for all Booth House residents.

If you would like someone to talk to about:

- Stress and anxiety
- Depression
- Relationship difficulties
- Grief, bereavement and loss
- Childhood trauma
- Confidence and self-esteem
- Abuse

A qualified counsellor from Willows is available to work with you.

Please complete the self referral form overleaf.



## Diary Dates

Date	Time
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Date	Time
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Date	Time
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Date	Time
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“Things do not change...  
..We change”  
Henry Thoreau



Booth House  
Salvation Army  
Lifeshouse

“Creating Change in People’s  
Lives and Perceptions”

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Registered Charity No. 215174 and in Scotland SC037691;  
Republic of Ireland Registered Charity No. CHY6399



Booth House  
Salvation Army  
Lifeshouse



Willows  
Counselling Service

# Counselling Services

from Willows Counselling



“Creating Change in People’s  
Lives and Perceptions”

*Counselling provides the opportunity to look at issues in your life which are causing concern and to explore ways and means to bring about positive change.*

Willows Counselling Services provides a confidential service to adults regardless of gender, sexual orientation, ethnic or cultural background, to people of any faith or none.



## Willows Counselling Service - How it works?

- Once you have completed the request form, your details will be passed to Willows by the Chaplains.
- A qualified counsellor will then call you to talk through your details and arrange an appointment at Willows.
- The cost of your counselling sessions will be covered by Booth House.
- Your counselling session will be confidential. However should you not attend your appointments, the Chaplains will be advised.
- You may agree for counselling to be part of your Personal Development Plan. However your accommodation at Booth House will not be conditional on your attending sessions.



## I Would Like Someone to Talk to

I feel it would help me if I could talk to a qualified counsellor in confidence.

**Please arrange this for me.**

Name:

Room Number:

Mobile Number:

Date:

Signature:

Please tear off this section and return it to your Key Worker or the Programme Coordinator who will pass your referral to the Chaplains. Alternatively you can give it directly to the Chaplains.

The Chaplain will arrange for a Willows counsellor to contact you as soon as possible.

